

# St. Paul Christian Day Care and Kindergarten

## June 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1. <b>Breakfast:</b> Cereal and Skim milk <b>AM snack</b> cheesy bread sticks, pizza sauce, pears, water <b>Lunch:</b> mac and cheese, broccoli, melon, bread, Italian dressing, skim milk <b>PM Snack:</b> animal crackers, banana water</p>	<p>2. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> yogurt, granola, pineapple, water <b>Lunch:</b> sun butter and jelly sandwich, carrots, fruit, chips, skim milk <b>PM Snack:</b> ritz crackers, melon, water</p>	<p>3. <b>Breakfast:</b> Cereal and Skim milk. <b>AM snack:</b> blueberry muffins, banana, water <b>Lunch:</b> cheeseburger casserole, cucumbers, rand dressing, melon, bread, skim milk <b>PM snack:</b> graham crackers, pears, water</p>
<p>6. <b>breakfast:</b> Cereal and Skim milk <b>AM snack:</b> string cheese, pretzels, water <b>Lunch:</b> fiesta chicken, rice, peans and carrots, applesauce, roll, skim milk <b>PM Snack:</b> animal crackers, peaches, water</p>	<p>7. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> apple slices, graham crackers, water <b>Lunch:</b> crock pot lasagna, garlic bread, broccoli, orange slices, skim milk <b>PM Snack:</b> veggies, hummus, crackers, water</p>	<p>8. <b>Breakfast:</b> Cereal &amp; skim milk <b>AM snack:</b> applesauce, crackers, water <b>Lunch:</b> beef nachos, cheese, sour cream, southwest bean salad, pears, chips, skim milk <b>PM Snack:</b> cheezits, melon, water</p>	<p>9. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> cheesy bread, pizza sauce, watermelon, water <b>Lunch:</b> grilled cheese, tomato soup, peas, fruit, skim milk <b>PM Snack:</b> ritz crackers, pineapple, water</p>	<p>10. <b>Breakfast:</b> Cereal and skim milk <b>AM snack:</b> smoothie, crackers <b>Lunch:</b> cheese pizza, cucumbers, rand, melon, skim milk <b>PM Snack:</b> applesauce, veggie straws, water</p>
<p>13. <b>breakfast:</b> Cereal and Skim milk <b>AM snack</b> vanilla yogurt, granola, grapes, water <b>Lunch:</b>cheesy scrambled eggs, ham chunks, toast, green beans. Fruit, skim milk <b>PM Snack:</b> cheezits, melon, water</p>	<p>14. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> hummus, pita bread, cantaloupe, water <b>Lunch:</b> chicken nuggets, ketchup, mashed potatoes, broccoli, banana, roll, skim milk <b>PM Snack:</b> applesauce, pretzels water</p>	<p>15. <b>breakfast:</b> Cereal and Skim milk <b>AM snack:</b> mozzarella cheese, ritz crackers, melon, water <b>Lunch:</b> chicken nachos, cheddar cheese, sour cream, southwest bean salad, pears, tortilla chips, skim milk <b>PM Snack:</b> animal crackers, banana, water</p>	<p>16. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> sliced turkey, bread, apple slices, water <b>Lunch:</b> spaghetti bake, bread, peas, fruit, skim milk <b>PM Snack:</b> chex mix, peaches, water</p>	<p>17. <b>Breakfast:</b> Cereal and Skim milk. <b>AM snack:</b> granola bar, apple slices, water <b>Lunch:</b> <b>FIELD TRIP – PAPERBAG LUNCH PROVIDED</b> <b>PM snack:</b> ritz crackers, pears, water</p>
<p>20. <b>Breakfast:</b> Cereal and milk. <b>AM snack:</b> mozzarella cheese, ritz crackers, applesauce, water. <b>Lunch:</b> BBQ pulled chicken, baked French first, diced carrots, orange slices, bun, skim milk <b>PM Snack:</b> pretzels, banana, water.</p>	<p>21. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> smoothie, crackers <b>Lunch:</b> beef sloppy joe, fries, mixed veggie, watermelon, bread, skim milk <b>PM Snack:</b> graham crackers, applesauce, water</p>	<p>22. <b>Breakfast:</b> Cereal and skim milk. <b>AM snack:</b> banana bread, apple slices, water. <b>Lunch:</b> turkey and cheese sandwich, chips, pineapple, green beans, skim milk <b>PM Snack:</b> animal crackers, pineapple, water</p>	<p>23. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> hummus, pita bread, cantaloupe, water <b>Lunch:</b> mac and cheese, peas, fruit, skim milk, bread <b>PM Snack:</b> saltine crackers, pears, water</p>	<p>24. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> cheesy bread, pizza sauce, grapes, water <b>Lunch:</b> meatballs in sauce, pasta, tossed salad, dressing, apple, bread skim milk <b>PM Snack:</b> cheezits, peaches, water</p>
<p>27. <b>Breakfast:</b> cereal and milk <b>AM Snack:</b> cottage cheese, pineapple, water <b>Lunch:</b> chicken nuggets, rotini pasta, sauteed cabbage, orange slices, bread, skim milk <b>PM Snack:</b> veggie straws, banana, water</p>	<p>28. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> grapes, crackers, water <b>Lunch:</b> cheese pizzadilla, corn, fruit, skim milk <b>PM Snack:</b> yogurt, granola, fruit, water</p>	<p>29. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> yogurt, granola, bananas, water <b>Lunch:</b> turkey and cheese sandwich, chips, carrots, apple slices, skim milk <b>PM Snack:</b> animal crackers, fruit, water</p>	<p>30. <b>Breakfast:</b> cereal and skim milk <b>AM Snack:</b> pretzels, string cheese, water <b>Lunch:</b> cheesy scrambled eggs, ham chunks, toast, green beans. Fruit, skim milk <b>PM Snack:</b> chex mix, fruit, water</p>	